

AUSTRALIND SWIMMING CLUB

Policy: Attendance at Fenix Swim Club Training Sessions

1. Purpose

Australind Swimming Club (ASC) recognises the value of providing swimmers with opportunities to experience different training environments, receive feedback from a range of qualified coaches, and engage with athletes from across Western Australia.

This policy outlines the process for ASC swimmers to request attendance at training sessions conducted by **Fenix Swim Club**, ensuring that all visits are purposeful, coordinated, and supportive of the swimmer's development.

ASC notes that participation in Fenix training sessions **may require the swimmer to obtain a Second Claim Membership**, at the swimmer's own cost.

2. Scope

This policy applies to:

- All registered ASC swimmers
 - The ASC Head Coach
 - ASC coaching staff
 - Any interactions with Fenix Swim Club relating to training session attendance
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3. Policy Statement

ASC swimmers may request to attend Fenix Swim Club training sessions where appropriate. These opportunities are intended to:

- Provide exposure to a different coaching environment
- Support targeted skill development
- Offer additional training options when swimmers are temporarily away from Bunbury
- Strengthen relationships within the Western Australian swimming community

All requests must follow the process outlined in this policy to ensure coordinated communication, athlete safety, and consistent coaching oversight.

4. Procedure

4.1 Identify the Need for an Additional Session

Swimmers (or parents/guardians) should first consider the purpose of attending a Fenix session. Examples include:

- Being away from Bunbury and seeking an alternative training option
- Targeting a specific skill, stroke, or performance focus
- Seeking exposure to a different squad environment

Swimmers should be prepared to outline the intended outcomes of the visit.

4.2 Contact Your Coach

Swimmers must contact **their ASC coach** or the **ASC Head Coach** to request attendance at a Fenix session.

The request must include:

- Proposed dates and times
- Reason for attending
- Any specific goals or outcomes

The ASC Head Coach will then:

- Contact the Fenix coaching team
- Confirm whether attendance is appropriate
- Arrange a suitable session time

Approval will depend on:

- Lane availability
- Session suitability for the swimmer's age and stage
- Coach-to-swimmer ratios
- Timing and training relevance

Swimmers must not contact Fenix directly.

4.3 Shared Awareness and Feedback

Following the session:

- Fenix coaching staff will provide feedback to the ASC Head Coach
- Observations, technical advice, and training focus will be shared
- ASC coaches will integrate this information into ongoing training where appropriate

This ensures:

- All coaches are aware of external sessions attended
 - Feedback is consistent and coordinated
 - The swimmer receives aligned guidance across programs
 - Technical development is supported holistically
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5. Responsibilities

Swimmers / Parents

- Request attendance through ASC coaches
- Communicate goals and availability
- Follow all ASC and Fenix expectations during sessions

ASC Head Coach

- Liaise with Fenix coaching staff
- Approve or decline session requests
- Ensure feedback is shared with relevant ASC coaches

ASC Coaches

- Support swimmers in identifying appropriate opportunities
- Ensure requests align with training plans
- Maintain communication with the ASC Head Coach

Fenix Coaching Staff

- Provide session feedback to ASC Head Coach
 - Ensure swimmer safety and appropriate supervision
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6. Review

This policy will be reviewed annually or as required to ensure alignment with ASC coaching practices and partnerships.
